



**Seiden Benefits** offers a full range of insurance products that are the most appropriate for all stages of life planning, with options that are designed to provide protection, peace of mind and security.

**Our services include:**

- ✓ Benefit Package Analysis
- ✓ Enrollment & Claims Resolution
- ✓ Compliance
- ✓ Individual Medicare Planning
- ✓ Group Retiree Benefit Packages

**We take great pride in the personalized service and attention we give to each of our clients.**

**To learn more about Medicare Plan Options, call or visit our website today.**

**516-342-1314  
SeidenBenefits.com**



**Call today for a  
free insurance review.  
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**Seiden Benefits**  
☀ Insurance Consultants for Life

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**Your partner in navigating  
Medicare Plan  
Options  
most suited for you.**



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## Recent Updates to Medicare Supplement Insurance Plans\*

**Globe Life Medicare Supplemental Plan F+** is a health insurance option valued at \$69 month. This affordable plan is for anyone looking to lower their premium while still maintaining good coverage.

**Empire Blue Cross Blue Shield has recently launched a new Medicare Supplement product.** The exact same level of benefits that you may currently have are lower priced with Empire.

\*Call to learn more about additional plans.

## Medicare Options:

**More Flexibility,  
More Choices Than Ever Before.**

Our knowledge and personalized attention offers you a clear perspective on selecting the Medicare choices that are best suited for you.

## Seiden Benefits

 **Insurance Consultants for Life**

**Let us help you.**

**Call today for a  
comprehensive evaluation.**

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## Group Retiree Benefit Packages

Our Retiree division specializes in the many facets of retirement planning services and works jointly with our clients to develop retirement plans that are flexible and support your business strategy. Retiree plans can range from 0-100% employer paid for a defined period and can include Medicare Supplemental plan, Part D prescription Drug plans with no coverage gap and more.



### About Julie Seiden

With over 20 years of experience in healthcare planning, in 2010, Julie developed an expertise in Medicare planning and has a particular expertise in Employee Benefit Packages, Medicare laws and supplemental Medigap products including Part D drug coverage. Today, she is an authorized agent for a variety of Medigap/ Medicare Supplement products through United Healthcare and Globe Life. Julie provides personal guidance to meet the needs of each individual and is also a resource to several large brokerage firms for Medicare Planning for their clients. She has built a reputation for being well-informed, detail oriented and highly experienced.

"Everyone approaching Medicare age and after should have a Julie Seiden in their lives. I was totally confused and stressed trying to find my way through the complicated maze of Medicare and its' supplemental programs. Julie took that stress away from me and has always found the best approach when the yearly option for RX and Supplemental come due. I could not imagine doing it without her and have recommended her to all my friends and associates who have all thanked me for the referral. There is no doubt in my mind that she is the best person for the job and I am so grateful for and to her..."

– Client, Los Angeles